

# DINNERS

## Traditional Pasta

*Order these traditional meals with your choice of any of the following Pasta:*

- Spaghetti
- Gemelli
- Fettuccine
- Garlic Parsley Linguine
- Linguine
- Farfalle
- Ditali
- Angel Hair
- Penne
- Spinach Fett.
- Spicy Red Pepper Fettuccine

**PASTA PLATE**  
Your choice of pasta smothered with our homemade marinara sauce or meat sauce.

**PASTA CON AGLIO E OLIO**  
A garlic & olive oil blend tossed with choice of pasta.

**PASTA CARRETTIERA**  
A fresh blend of tomatoes, olive oil, basil, & garlic over your choice of pasta.

- **DINNER \$7.49**
- **LUNCH \$6.49**
- **Pasta with Sausage or Meatballs add \$1.60**
- **Baked with Mozzarella Cheese add \$1.00**

## Fred's Favorites

**VEAL PARMIGIANA**  
Breaded center cut veal round topped with tomato sauce and mozzarella cheese – served on a bed of pasta. **\$12.49**

**VEAL MARSALA**  
Sautéed veal and mushrooms in Marsala wine – then served over a bed of pasta. **\$12.49**

**VEAL ITALIANO**  
Center cut veal round sautéed in white wine with onions, mushrooms and green peppers – topped with mozzarella cheese and baked. **\$12.49**

**FRED'S BBQ RIBS**  
A large slab of tender pork ribs served with a side of spaghetti. **\$10.45**

**FETTUCCINE ALFREDO**  
Smothered with our homemade Alfredo cheese sauce – rich & creamy!  
• Dinner \$7.99 • Lunch \$6.99 *w/ Shrimp add \$4.00*

**FETTUCCINE PRIMAVERA** *LUNCH \$8.49*  
Sautéed broccoli, cauliflower and mushrooms with fettuccine noodles in our homemade Alfredo sauce. **\$9.99**

**EGGPLANT PARMIGIANA** *LUNCH \$8.45*  
Lightly breaded eggplant slices baked with tomato sauce and mozzarella cheese. **\$9.45**

**PENNE PROSCIUTTO** *LUNCH \$6.99*  
A light cream sauce with sautéed ham & fresh penne pasta. **\$7.99**

**PENNE A'LA VODKA** *LUNCH \$7.49*  
Penne pasta with sauteed mushrooms, vodka & tomato-cream sauce. **\$8.49**  
Add Chicken for just \$3.00

## Stuffed Pastas

- **DINNER \$7.95**
- **LUNCH \$6.95**

**CANNELLONI**  
Filled with ground beef, mozzarella cheese and romano cheeses, and our special herbs and seasonings. Topped with homemade sauce and smothered with mozzarella cheese.

**MANICOTTI**  
Filled with ricotta, mozzarella and parmesan cheeses blended with herbs and seasonings. Topped with homemade sauce and mozzarella cheese.

**RAVIOLI**  
Cheese or Beef pasta pillows topped with sauce & mozzarella cheese.

**LASAGNA**  
The classic dish – layers of pasta, meat, Fred's homemade sauce and two cheeses – baked with a topping of mozzarella.

**TORTELLINI**  
Choose meat or cheese filled tortellinis with Tomato or Alfredo sauce.

## Chicken Dishes

**CHICKEN ITALIANO**  
Onions, mushrooms and green peppers sautéed in white wine, then topped with mozzarella and baked. **\$11.49**

**CHICKEN FLORENTINE** *LUNCH \$9.99*  
Lightly sautéed chicken & spinach in Alfredo sauce over fettuccine. **\$10.99**

**CHICKEN FETTUCCINE** *LUNCH \$9.49*  
Our creamy Alfredo sauce topping sautéed chicken and fettuccine pasta. **\$10.49**

**CHICKEN BROCCOLI FETTUCCINE** *LUNCH \$9.99*  
Sautéed chicken & fresh broccoli in Alfredo sauce over fettuccine. **\$10.99**

**CHICKEN PARMIGIANA**  
A bed of spaghetti topped with a breaded chicken breast, homemade tomato sauce and baked with mozzarella. **\$11.49**

**SAL'S CORDON BLEU**  
Ham and Swiss cheese nestled between two breaded chicken breasts – topped with a mushroom cream sauce. **\$11.49**

**SAL'S SPINACH CHICKEN**  
All white meat sautéed with spinach, a touch of bacon, and pine nuts in a light sauce with rice.  
(Substitute farfella pasta if you wish.) **\$11.49**

**CHICKEN MARSALA**  
Sautéed chicken with mushrooms in Marsala wine. Served over a bed of pasta. **\$11.49**

**CHICKEN CACCIATORE**  
Sauteed chicken with onions, peppers, green olives and tomatoes on a bed of spaghetti. **\$11.95**

## Seafood

**LINGUINI A' LA MARINARA** *LUNCH \$12.49*  
Clams, shrimp and mussels in the shell – sautéed in our marinara sauce and served over linguine pasta. **\$13.49**

**SHRIMP PRIMAVERA** *LUNCH \$11.49*  
Sautéed onions, green peppers, mushrooms & tasty shrimp in a spicy tomato sauce. Served over fettuccine pasta. **\$12.99**

**SEAFOOD FETTUCCINE** *LUNCH \$11.99*  
Scallops and shrimp sautéed and swimming in our homemade Alfredo sauce. Tossed with fettuccine. **\$12.99**

**SHRIMP BASKET**  
Golden breaded shrimp with fries. **\$10.99**

**SHRIMP PLATTER**  
Jumbo breaded shrimp served with linguine in our garlic-butter sauce. **\$13.45**

**SHRIMP PARMIGIANA** *LUNCH \$10.95*  
Sautéed shrimp in our tomato sauce – tossed with linguine, then baked with mozzarella cheese. **\$11.95**

**SEAFOOD LINGUINE** *LUNCH \$11.99*  
Shrimp and clams in our homemade tomato cream sauce tossed with linguine noodles. **\$12.99**

## Combo Plates

**SHRIMP & VEAL MARSALA**  
Plump shrimp and tender veal sautéed with mushrooms in Marsala wine and served over a bed of pasta. **\$13.95**

**SHRIMP & CHICKEN SCAMPI**  
Sautéed shrimp & chicken in a lemon butter sauce served over pasta. **\$13.49**

**SMELT PLATTER**  
1/2 lb. of tasty and tender smelt with fries. **\$7.95**

**FRED'S COMBO PLATE**  
Try this combination of Lasagna and Fettuccine Alfredo. **\$11.45**

**SAMPLER PLATE**  
Taste a little of three dishes... Manicotti, Cannelloni & Lasagna. **\$11.95**

## SALADS AND SIDES

**Chicken Noodle Soup** **Two Links**  
– OR – **Italian Sausage** **1.60**

**Soup of the Day** **Side of Pasta** **2.45**  
**2.85**

**Dinner Salad** **Two Meatballs** **1.60**

**Chef Salad** **5.95**  
*w/ onion, green peppers, green olives, ham and mozzarella*

*Chef Salad w/ Seafood add 2.00... w/ Chicken add 3.00*

**Vegetable** *Carrots, Broccoli or Cauliflower* **2.45**

## MEXICAN

**WET BURRITO**  
Ground beef, bean, lettuce, tomato and onions topped with colby cheese. Served with a side of chips. **\$7.49**

**WET CHICKEN BURRITO**  
Chicken, bean, onions, lettuce and tomato topped with colby cheese. Served with a side of chips. **\$7.49**

**TACO SALAD**  
Chips, lettuce, onions, black olives, meat and colby cheese; Topped with tomatoes. **\$6.99**

*DOUBLE MEAT OR DOUBLE CHEESE – ADD \$1.25*  
*SIDE OF SALSA OR SOUR CREAM – 25¢ EA.*

## NEW FEATURES

**GYRO**  
Seasoned gyro meat, onion, lettuce, tomato on a fluffy handmade pita, then topped with tangy tzatziki sauce. Served with french fries. **\$5.99**

**MEATBALL BAKE**  
Six meatballs – *count 'em* – six meatballs smothered in sauce and baked with mozzarella cheese. **\$8.49**

**FISHERMAN'S PLATTER**  
Cod, shrimp, clam strips & fries. *For those who can't decide.* **\$10.95**

**ITALIAN SUB**  
Ham pepperoni, salami, and provolone cheese with lettuce, tomato and Italian dressing. **\$5.35**

## APPETIZERS

**Garlic Bread** **1.50** **Deep Fried Mushrooms** **5.45**

**Garlic Cheese Bread** **2.95** **Jalapeno Poppers (6)** **4.50**

**Sauteéd Mushrooms** **3.25** **Mozzarella Stix (6)** **4.95**

**Bread Stix** **3.95** **French Fries** **1.75**  
**Bread Stix w/ Cheese** **5.45** **Small French Fries** **1.45**  
**w/Bacon & Cheese** **4.50**

**Wing Dings (6)** **4.95** **Onion Rings** **4.95**  
**15 Wing Dings** **7.95** **half order** **2.95**

**Chips & Cheese** **4.45** **Chicken Tenders** **5.95**

**Chips & Cheese Deluxe** **6.95**  
*Topped with ground beef, onions, black olives and tomatoes.*

**Combination Platter** **6.95**  
*Chicken Tenders, Jalapeno Poppers, Mozzarella Sticks*

**Calamari Rings** **5.95**  
*Lightly breaded, golden fried rings with a side of Marinara sauce or ranch*

**Bruschetta Bread** **4.95**  
*Freshly diced tomatoes with garlic, basil & spices over homemade bread.*

**Side of Pizza or Spaghetti Sauce** **.50**

**Side dish of Alfredo Sauce** **1.00**

**Artichoke Spinach Dip** *Hot, creamy and delicious!* **5.85**



# PIZZA

All pizzas are prepared with traditional crust.  
Thick or thin available upon request.

	8" Personal	12" Small	14" Medium	16" Large	18" X-Large	18" x 24" Party Pizza
<b>Cheese Pizza</b>	4.49	7.75	9.25	10.55	12.45	16.95
<b>Add per item:</b>	.75	1.00	1.25	1.50	1.75	4.00
<b>Deluxe Pizza</b> <i>Pepperoni, Ham, Mushroom, Onion, Green Pepper, Sausage</i>	8.49	12.75	16.25	17.50	19.75	39.00
<b>Super Deluxe</b> <i>Pepperoni, Ham, Mushroom, Onion, Green Pepper, Sausage, Green or Black Olives</i>	8.99	13.25	16.75	18.50	20.25	41.00
<b>Vegetarian</b> <i>Mushroom, Onion, Green Pepper, Green and Black Olives, Tomato</i>	8.49	12.75	16.25	17.50	19.75	41.00

## SPECIALTY PIZZAS (no substitutions, please)

### Mexican Pizza

*Burrito Sauce, Taco Meat, Black Olives, Colby Cheese, Refried Beans, Onions, Jalapeno or Banana Peppers, Chips, Lettuce & Tomato*  
12" - \$14.50 • 16" - \$18.99

### Seafood Pizza

*Shrimp, Scallops, Calamari, Alfredo Sauce, Mozzarella Cheese*  
12" - \$13.50 • 16" - \$17.99

### Primavera Pizza

*Chicken, Broccoli, Cauliflower Carrots, Mushrooms, Alfredo Sauce, Mozzarella Cheese*  
12" - \$13.99 • 16" - \$18.99

### Chicken Alfredo Pizza

*White Chicken Meat, Mozzarella Cheese, and homemade Alfredo Sauce with Spinach*  
12" - 12.25 • 16" - 16.50

### BLT Pizza

*Bacon, Lettuce, Tomato, Colby Cheese, Salad Dressing, Pizza Sauce or Alfredo Sauce*  
12" - \$10.75 • 16" - \$14.95

### Hawaiian Pizza

*Ham, Pineapple, Bacon, Mozzarella Cheese*  
12" - \$10.75 • 16" - \$14.95

### All Meat Pizza

*Ham, Pepperoni, Bacon, Sausage, Meatballs, Mozzarella Cheese*  
12" - \$13.99 • 16" - \$18.99

**STROMBOLI**  
Build Your Own – \$6.99  
plus 99¢ per item

### Toppings:

- Pepperoni
- Ham
- Sausage
- Mushroom
- Onions
- Green Peppers
- Green Olives
- Black Olives
- Bacon
- Pineapple
- Tomatoes
- Eggplant
- Taco Meat
- Jalapeno Peppers
- Artichoke Hearts
- Meatballs
- Banana Peppers
- Double Crust
- Fresh Garlic
- Romano Cheese
- Colby Cheese
- Feta Cheese
- Provolone Cheese
- Garlic Butter
- Mozzarella Cheese
- Spinach
- Anchovies
- Broccoli
- Crushed Red Pepper

### Double Item Cost –

- Shrimp • Crab
- White Meat Chicken

**2-LITER**  
*Coca-Cola*  
**DIET-COKE**  
**SPRITE**  
**\$2.59**

## HOT SUB SANDWICHES

*Extra Veggy on any Sub - Add 55¢ ea.*

*Extra Meat or Cheese on any Sub - Add \$1.00 ea.*

*Half-Subs available for \$1.00 less*

### SUBMARINE

Ham, pepperoni, mushrooms, onions, mozzarella cheese and pizza sauce. \$5.35

### FRED'S SUB

Garlic Bread with ham, mozzarella cheese, lettuce & tomato. \$5.35

### CLUB SUB

Ham, turkey, bacon, lettuce, tomato, salad dressing. Hot or Cold. \$5.35

### HAM & CHEESE

Ham, mozzarella cheese and pizza sauce. \$3.95  
*(Salad dressing available on request)*

### SAUSAGE SUB

Homemade ground sausage, sautéed with mushrooms, onions, green peppers; topped with mozzarella cheese & tomato sauce. \$5.35

### CHICKEN SUB

Tender chicken with lettuce, tomato and salad dressing, topped with mozzarella cheese \$6.95

### HAM, CHEESE & MUSHROOM

Ham, mozzarella cheese, mushrooms and pizza sauce. \$4.50

### BLT SUB

Bacon, lettuce, tomato & salad dressing. Served Hot or Cold. \$5.35

### EGGPLANT SUB

Breaded eggplant smothered with mozzarella cheese and topped with tomato sauce. \$5.35

### VEGETARIAN SUB

Mushrooms, onions, green peppers, green olives, mozzarella cheese and pizza sauce. \$5.35

### BBQ RANCH RIB

Rib patties smothered with BBQ sauce and topped with lettuce. \$5.35  
(add Cheese for \$1.00)

### MEATBALL SUB

Sliced meatballs served on open face bun and smothered with mozzarella cheese and topped with tomato sauce. \$5.35

### TURKEY SUB

Turkey, colby cheese, lettuce, tomato and salad dressing. \$5.35

### PHILLY STEAK SUB

Roast beef, sautéed peppers, onions and salad dressing, topped with mozzarella cheese. \$6.49

### CHICKEN PARMIGIANA SUB

Tender chicken breast with homemade pizza sauce and mozzarella cheese \$6.95

### FISH "SAMWICH"

Breaded fillet of fish – golden brown – on a toasted sub bun with lettuce, tomato and salad dressing \$5.35



Plainfield at Four-Mile Road

# 361-8994

FAX: (616) 361-6879



## SPRING HOURS:

Monday thru Thursday; 11am – 11pm

Friday – 11am - 12-Midnite

Saturday – 12-Noon - 12-Midnite

3619 Plainfield NE

Grand Rapids, MI 49525

## TAKE-OUT MENU

PRICES SUBJECT TO SALES TAX  
MENU REVISED MAY 2005 – PRINTED APR 2006

## DESSERTS

**CANNOLI**  
\$2.25  
SMALL 1.40

**TIRAMISU**  
\$3.25

**SPUMONI AND ASSORTED CHEESECAKES**  
*Take some home!*